



Wyke Regis And Lanehouse Medical Practice Newsletter

MARCH 2019

General News

Unfortunately, Dr Boyd will be retiring at the end of the month. We will be sad to see him leave after almost 30 years working at the practice, but we wish him all the best on his retirement. We would like to welcome a new GP retainer to our team this month, Dr Fornai. Dr Fornai is available to all patients and will be happy to see you routinely.

There are two events that we would like to invite you to this month, one is being run by ourselves and the other is being run by Diabetes UK. We will be holding an open day on the 23rd March 9-12pm, in order to welcome our new patients to the practice. Although this event is primarily for our new patient that are being transferred from Abbotsbury Road and Chickerell Surgery, existing patients are also welcome. New patients are invited to bring a copy of their transfer letter as well as 2 forms of ID– one being photographic.

The other event will be held at the Rembrandt on Dorchester Road in order to provide help and management to anyone suffering with type 2 diabetes. Please contact Paula for more information– 01823 448260

Improved Access to Same Day Appointments

We are delighted to announce that, from April 2019, we have recruited an experienced paramedic and a Nurse Practitioner in training to work alongside our existing team. The surgery recognises that due to increased patient population at the surgery, the retirement of Dr Boyd and Dr A Laird and the difficulty in recruiting GPs, we need to change the way we work to ensure we can provide the best service. This also aims to protect valuable GP appointments for those who need it. The afternoon duty doctor sessions will change to a full day multi-disciplinary service based at Lanehouse Surgery supported by the reception staff, the GP, the advanced nurse practitioner, paramedic and Health Care Assistant staff. There will also be urgent same day slots available at Wyke Regis Surgery. Hopefully this service will free up more time for routine GP appointments and lead to improvements in requests to meet urgent needs. Please remember to use the E-Consult service mentioned in last months newsletter, as an alternative to a GP appointment.

Multiple Sclerosis Awareness Month

MS attacks tissues in the brain and in the spinal cord, known as the central nervous system. This system includes the complex network of nerve cells responsible for sending, receiving and interpreting information from all parts of the body.



Signposting

From April 2019, reception staff will begin Signposting for urgent and routine appointment requests. Staff have been trained to ask basic questions to determine who is the best clinician to see when dealing with requests for appointments. The GP's have requested this in order to improve access for those who need to see a GP. The GPs have trained our Nurse Practitioners to deal with most common problems and are always available to support them with any decision making. Our NPs can also order most common tests including bloods and x-rays.

PATIENT PARTICIPATION GROUP

If you would like to join our group and work with GPs, Practice Manager and other patients to help improve the surgeries and the services that we provide, please speak to a receptionist. Alternatively, you can fill in a form that will be found in either surgery or speak to our chair person, Rosemary Smeeton. She will be more than happy to talk to you and she can be contacted on 01305 782226. **Our next meeting will be held on Tuesday 9th April at 7pm at Wyke Regis Health Centre.**

Citizens Advice Bureau

Every Monday AM at Wyke Surgery and Tuesday PM at Lanehouse Surgery. Please call 782226 to book an appointment.

Health Visitors

The Health Visitors are based at Littlemoor Surgery and can be contacted on 01305 361071

Steps2wellbeing

A free talking therapy service for people experiencing low mood & anxiety
www.steps2wellbeing.co.uk
Telephone 01305 367051

Chaperones

If you are attending an appointment and for any reason would like a chaperone please mention to reception or the doctor and we will arrange for someone to come into the appointment with you.

Carers

Carers provide unpaid care by looking after an ill, frail or disabled family member, partner, friend or neighbour. If this is you then you please ask to speak to our Carers Leads Evie or Charlotte. If they are unable to answer your questions, they will be able to signpost you to someone who can. We have 'Carers Corners' at both surgeries where you will find helpful leaflets and information.

Carer Groups

Weymouth Carers Group meet on the 3rd Tuesday of every month, from 11am-1pm, at The New Vic Hotel on Weymouth seafront. For more info please call 07766 529297.

Our patients are welcome to attend the Portland Carers Group who meet regularly at The Western Room, Easton Methodist Church, Portland.

Please call the Adult Access Team on 01305 221016 for advice on services such as; independent living safety & security aids / equipment, day centres, support for carers and dementia care.

D.A.I.T.

Domestic Abuse Intervention Training
Are you or someone you know suffering from or have suffered domestic abuse?

If so then these courses may be able to help .
Run by fully trained facilitators with over 20 years experience call either Jo 07826077525 or Pauline 07747705916 dait@talktalk.net

LiveWell Dorset

This is a self referring organisation that offers support for: Stop Smoking, Weight Management, Physical Activity and Alcohol Reduction

For further information go to:
www.livewelldorset.co.uk

Practice Contact Details

Telephone 01305 782226 Fax 01305 760549

Email postmaster@gp-J81051.nhs.uk

Website

www.wykeregisandlanehousemedicalpractice.co.uk

You will find lots of useful and helpful information on our new website.

[Please keep the practice up to date with your personal contact details.](#)

Weymouth and Portland Community Urgent Care Centre at Weymouth Community Hospital.
Open 8am to 8pm, 7 days a week

Call 111 for medical advice when it is NOT an emergency